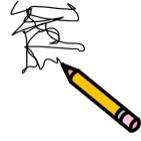




broke something



scribbled on something



hurt an adult



hurt a child



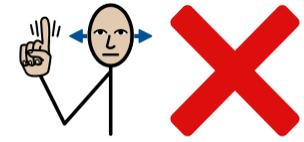
being unsafe



took my clothes off



What happened?



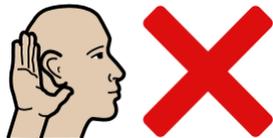
not being respectful



using bad language



being disruptive



not listening to instructions



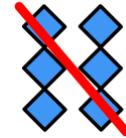
threw something



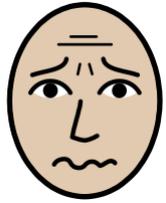
ran off



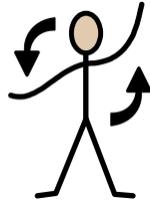
tore up work



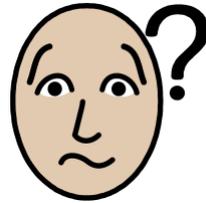
something different



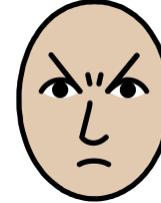
worried



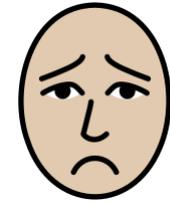
fidgety



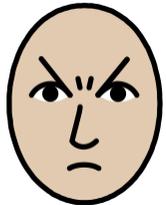
confused



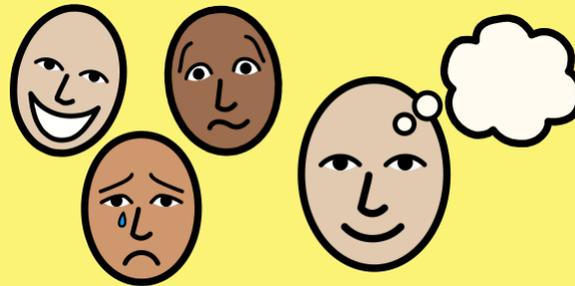
angry



sad



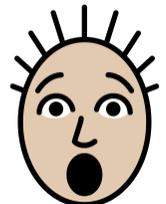
annoyed



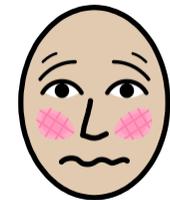
What were you
thinking or feeling?



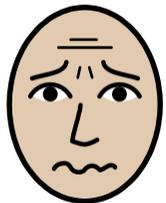
silly



scared



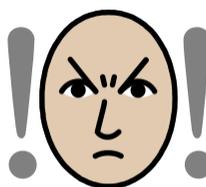
embarrassed



nervous



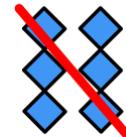
bored



furious



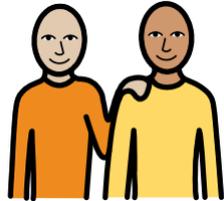
lonely



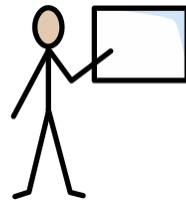
something
different



me



a friend



a teacher



my class



my mum



people in the community



Who has been affected?



my dad



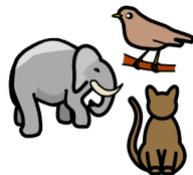
my family



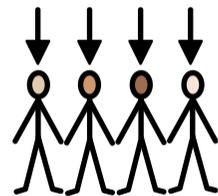
my sibling



other children



animals



everyone



another adult



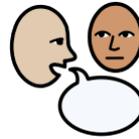
someone else



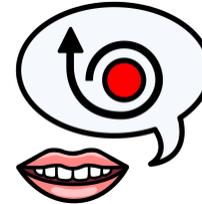
make a card



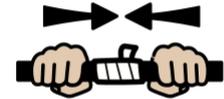
write a letter



talk to
someone



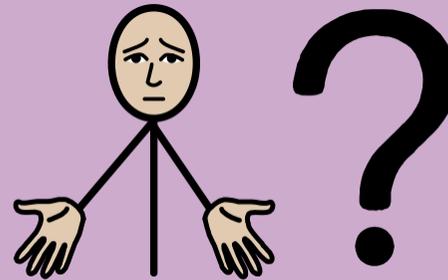
say sorry



fix something



have thinking
time



What needs to happen
to put things right?



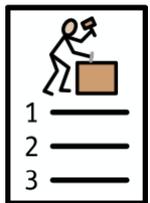
tidy up



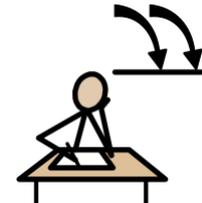
make a
change



clean
something



make a plan



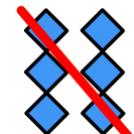
practice



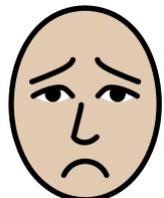
finish my
work



hug



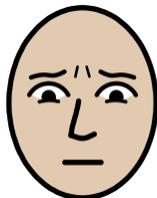
something
different



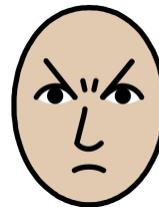
sad



sorry



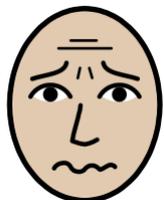
guilty



annoyed



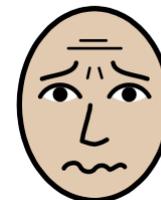
embarrassed



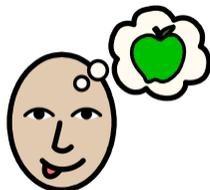
worried



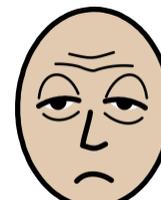
How do you feel now?



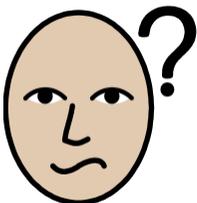
nervous



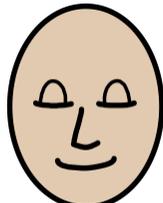
hungry



tired



unsure



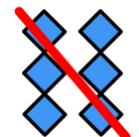
calm



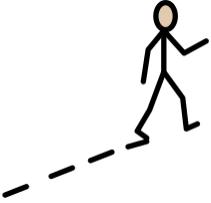
better



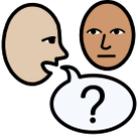
okay



something different



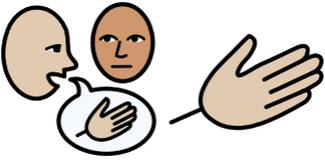
move away



ask for a break



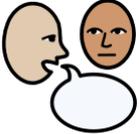
go to my calm space



ask for help



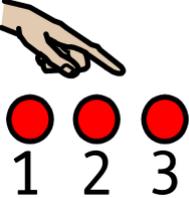
get a fidget toy



talk to someone



Next time I will...



count to 10



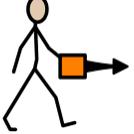
play with someone else



be respectful



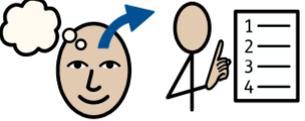
draw a picture to show how I feel



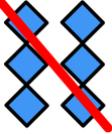
take deep breaths



listen carefully



remember the rules



something different